

Middle School ~ December 2024

Additional Daily Breakfast Choices:

*Main Entrée *Cereal *Cold Pizza

*Whole Grain Doughnut *Bagel & Cream Cheese *Assorted Muffins

*Oatmeal Breakfast Bars *String Cheese

*Yogurt

*Cereal

2

9



without notice



Daily Lunch Choices May Include:

> Main Entrée Corndog Hamburger Pizza Choices **Protein Packs** Chicken Sandwich

BREAKFAST:

Pancake on a Stick

Cheeseburger Mac and Cheese (like Hamburger Helper)

> **Green Beans** Variety of Fruits and Vegetables

3 **BREAKFAST:**

Yogurt & Fruit Parfait & Granola

Nachos with Taco Meat & Cheese Sauce Refried Beans Variety of Fruits and Vegetables

BREAKFAST: Grab & Go Options

Garlic Cheese Rippers Homemade Chili Variety of Fruits and Vegetables

BREAKFAST:

5

Sausage, Egg & Cheese Breakfast Sandwich

Sweet & Sour Chicken **Brown Rice** Fortune Cookie Cauliflower & Broccoli Variety of Fruits and Vegetables

BREAKFAST:

6

Fresh Baked Cinnamon Rolls

Chicken Nuggets French Fries Variety of Fruits and Vegetables

BREAKFAST:

Pancake on a Stick

Chicken Alfredo Caesar Salad Variety of Fruits and Vegetables

BREAKFAST: 10

Homemade **Breakfast Burrito**

Chicken & Cheese Quesadilla Cilantro-Lime Rice Variety of Fruits and Vegetables

BREAKFAST:

Grab & Go Options

Fish Nuggets Cornbread Coleslaw Variety of Fruits and Vegetables

BREAKFAST: 12 Breakfast Pizza

Breakfast for Lunch **Biscuits & Gravy** Sausage Links (2) **Berry Cups** Variety of Fruits and Vegetables

BREAKFAST: 13

Fresh Baked Cinnamon Rolls

Buffalo Chicken Dip Tortilla Chips Celery Sticks Variety of Fruits and Vegetables

16 **BREAKFAST:** Pancake on a Stick

Rotini Pasta with Meat Sauce Green Salad Variety of Fruits and Vegetables

17 **BREAKFAST:**

Pumpkin Bread

Baked Ham Au Gratin Potatoes Roll Fresh Baked Cookie Variety of Fruits and Vegetables

BREAKFAST: Grab & Go Options

Chili Dogs **Potato Wedges** Variety of Fruits and Vegetables

19 **BREAKFAST:**

Sausage, Egg & Cheese Breakfast Sandwich

Lemongrass Chicken **Brown Rice** Fortune Cookie Sugar Snap Peas Variety of Fruits and Vegetables

20 **BREAKFAST:**

Grab & Go Options

Early Release Lunch Choices Variety of Fruits and Vegetables

GFHS THEATER PRODUCTIONS AND THE GFSD FOOD & GIFT DRIVE PROUDLY PRESENT



DECEMBER 6. 2024

TWO PERFORMANCES AT 5:00 PM AND 7:00 PM OF Rudolph the Red Nose Reindee

FREE SANTA PHOTOS PHOTOS BEGIN AT 4:45 PM

HOT COCOA & APPLE CIDER

ADMISSION price is a suggested donation of \$5 or five (5) non-perishable food/toiletry items to support the GFSD Food & Gift Drive!

